

SUGAR BEACH

MAURITIUS

AN OPULENT AND GLAMOROUS
HOLIDAY EXPERIENCE

SEASON 2025-2026



Sugar Beach, a captivating five-star manor-style resort, is a haven of elegance and sophistication set amidst lush tropical gardens on the sun-kissed shores of Flic-en-Flac. With 238 beautifully appointed rooms, including two lavish Executive Suites and 20 spacious Premium Suites, guests can indulge in refined luxury across the stately Manor House and 16 charming Creole-style Villa Houses.

- Over 1 km of **white sandy beach**
- Perfect spot for **magical sunsets**
- Complimentary unlimited Green Fees at **Ile aux Cerfs Golf Club** and **Tamarina Golf Club**
- **Buddha-Bar Beach** Restaurant
- Exclusive access to the sister hotel **La Pirogue**

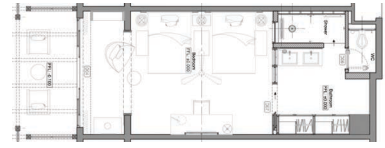




Premium Seaview Room-50 m²

Situated in both Creole-style Villa Houses and the Manor House on the ground floor. Each room offers a choice of king-size or queen-size beds and a private terrace. Connecting rooms are available upon request.

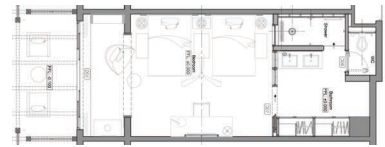
Maximum capacity: 3 adults or 2 adults & 2 teens (or 2 children)



Premium Beachfront Room-50 m²

Situated in the Creole-style Villa Houses on the ground floor. Guests can choose between king-size or queen-size beds. Each room includes a private terrace and provides direct beach access. Connecting rooms are available upon request.

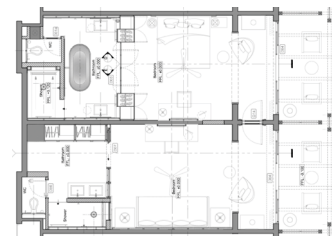
Maximum capacity: 3 adults or 2 adults & 2 teens (or 2 children)



Premium Suite-100 m²

Each suite, nestled within the Creole-style villa houses, features a bedroom with a king-size bed and a separate living room with a convertible double sofa bed. Both rooms have their own private bathrooms and open onto individual terraces, offering comfort and privacy.

Maximum capacity: 3 adults or 3 adults & 2 children or 2 adults & 3 teens (or children)

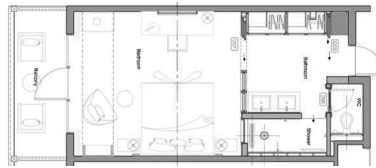


ACCOMMODATION

Deluxe Seaview Room-40 m²

Situated in both Creole-style Villa Houses and the Manor House on the first or second floor. The room offers king-size or twin beds and a private balcony.

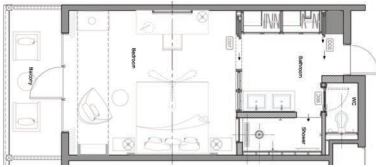
Maximum capacity: 3 adults or 2 adults & 1 teen (or 1 child)



Deluxe Beachfront Room-40 m²

Located in Creole-style Villa Houses on the first floor, each room comes with a choice of king-size or twin beds and a private balcony.

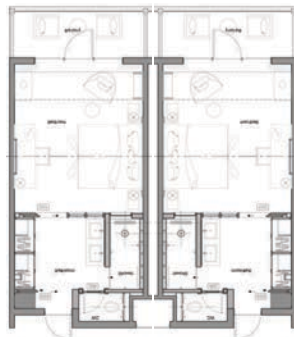
Maximum capacity: 3 adults or 2 adults & 1 teen (or 1 child)



Family Room-80 m²

Situated in Manor House and offers room on the ground floor or first floor. The room features king-size and twin beds and a private balcony or terrace.

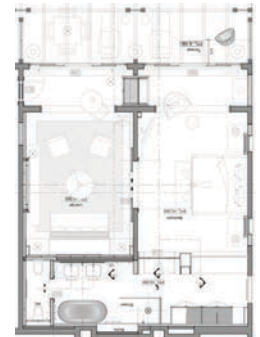
Maximum capacity:
4 adults & 1 child or 3 adults & 2 teens (or 2 children) or 2 adults & 3 children or 2 adults & 3 teens



Executive Beachfront Suite-100 m²

The suites are on the ground floor and can be connected to a Premium Beachfront Room. Each suite features a king-size bed, a living area, a walk-in closet, and a spacious bathroom with a standalone bathtub. Guests can also enjoy a private terrace and direct access to the beach.

Maximum capacity: 2 adults



All the rooms are equipped with the following facilities:

- Individually controlled air-conditioning.
- Private bathroom with shower and separate toilets.
- Bathroom amenities, hairdryer, bathrobe and slippers.
- IPTV system with hotel information
- Mini-bar with tea and coffee facilities.
- Electronic safe.
- 220 Volts international and USB port sockets.
- Desk with plug points and USB ports.

Rooms & Suites Policy

- Check-in time is at 2 pm and check-out is at noon.
- Early check-in and late check-out options are offered at an additional cost (upon availability).
- Premium Seaview Rooms for people with reduced mobility are available upon request.
- 24/7 room service (tray charge applies).
- Laundry, dry-cleaning and pressing service (at a cost).



RESTAURANTS & BARS

Dress code in restaurants & bars:
Resort chic in the evening.

Access to La Pirogue's restaurants and bars upon availability.

	BREAKFAST			LUNCH		DINNER		
Meal Plan	HB	FB	AI	FB	AI	HB	FB	AI
Le Patio	7 am – 10 am			12.30 pm – 3 pm		6.30 pm – 10 pm		
Main restaurant serving an array of delicious international dishes	✓	✓	✓	★	★	✓	✓	✓
Maré Maré Beach Restaurant				12.30 pm – 3 pm		7 pm – 10 pm		
A la carte Mediterranean restaurant				★	★	★	★	★
Buddha-Bar Beach				12.30 pm – 3 pm		7 pm – 10 pm		
A la carte fusion restaurant, overlooking Le Morne				With supplement	With supplement	✓ Rs 900 food credit	✓ Rs 900 food credit	✓ Set Menu
Beach & Pool Service				9 am – 5 pm				
				★	★			

✓ Included ★ Selected items HB: Half-Board | FB: Full-Board | AI: All-Inclusive

BARS



Le Patio Bar

Open from 9 am to 11 pm
Serving a great selection of drinks in the main restaurant.



Maré Maré Bar

Open from 10 am to 11 pm
Adjacent to Maré Maré Beach Restaurant, the bar serves aperitifs before lunch and dinner.



Buddha-Bar Beach

Open from 9 am to midnight
Exceptional cocktails in a breathtaking setting.



The Deck

Open from 10 am to 11 pm
Enjoy your drinks and snacks with Le Morne as the backdrop.



The Tea Room

Enjoy a variety of teas from around the world (with supplement).

All-Inclusive Package Additional Inclusions

Mini bar (One refill per day)

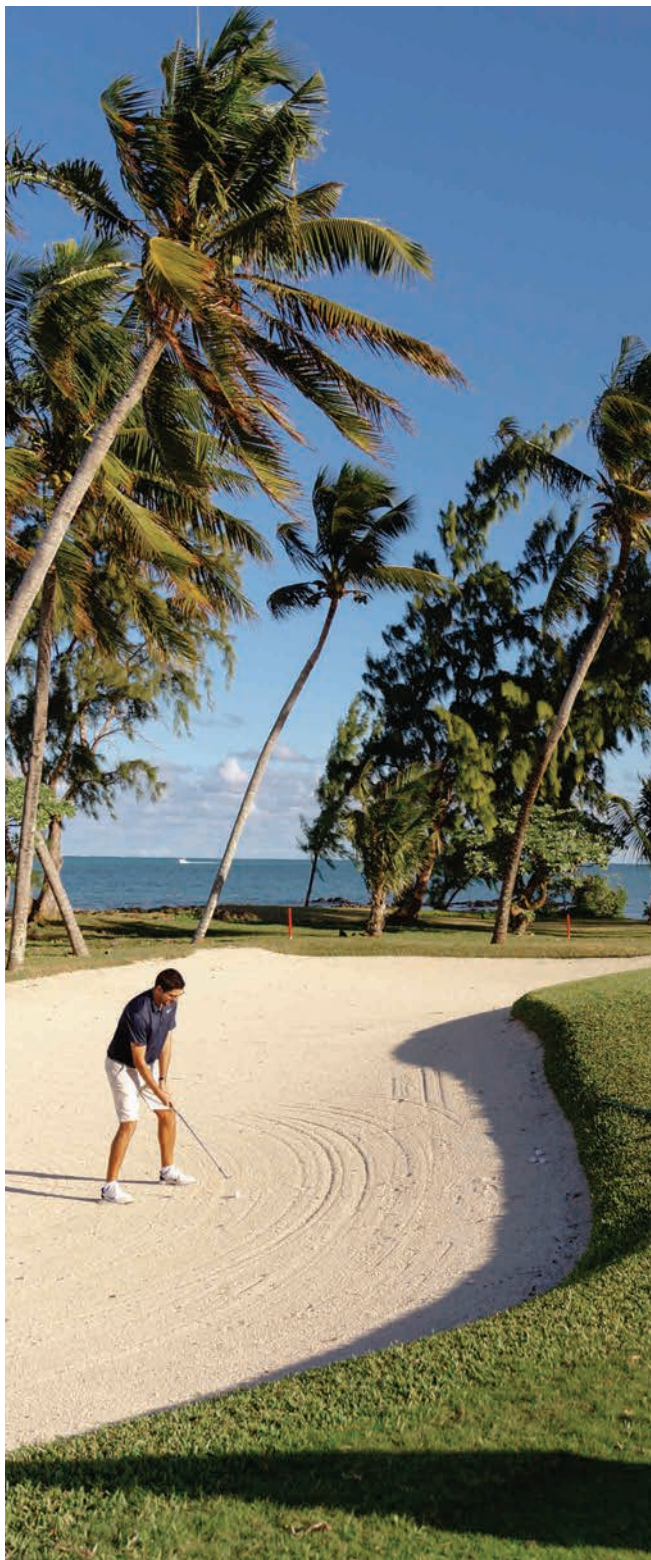
- Soft drinks, juices, water and beers.

Beverages

- Choice of imported quality wines (red/white/rosé) and sparkling wines.
- Choice of locally bottled and selected imported spirits (whisky, gin, vodka, martini, brandy, rums and liquors).
- Choice of cocktails, beers, mineral water, soft drinks & milkshakes.

Conditions

- The All-Inclusive package starts at check-in (2 pm) and ends at check-out (noon).
- Drinks/food not indicated as part of 'AI' (as per menu card) are not included.
- For personal consumption only – signature is required for control purposes for all consumptions.
- Compulsory "All-Inclusive Day-Pass" fee payable at reception for any visitor wishing to join in-house guests.
- Lunch snack boxes for excursions available upon request (24 hours' notice required). Picnic-packed lunches are not allowed at Ile aux Cerfs Golf Club.
- All-Inclusive does not apply for Ile aux Cerfs, Long Beach and Ambre.
- For groups and incentives, refer to our separate "Sunlife Group All-Inclusive Fact Sheet".



GOLF

Ile aux Cerfs

Ile aux Cerfs is a picturesque island spread over 87 hectares of untouched land off the east coast of Mauritius.

Free daily golf initiation at 11 am (upon request).

Applicable for golfers only:

- Free and unlimited green fees at Ile aux Cerfs Golf Club, including free boat transfers at Pointe Maurice Jetty (within operating hours). Land transfers are not included.
- Golfers on All-Inclusive basis can enjoy a 2-course lunch including soft drink at the Clubhouse, Langer's Bar & Grill.

Tamarina

- Free and unlimited green fees at Tamarina Golf Club, including free return land shuttle transfers.

SPORTS, LEISURE & WELLNESS

	ACTIVITIES	WATER ACTIVITIES *
FREE	<ul style="list-style-type: none"> • 300 m² fitness centre and a dance studio • Fitness activities (as per weekly programme) • Soccer game • Beach volley • Table tennis • Bocci ball • 5 tennis courts (rackets and new tennis balls at extra charge) • 2 Pools (1 adult only) • The Martial Arts area - tae bo, kickboxing, Judo and karate • Unlimited free green fees at Ile aux Cerfs and Tamarina 	<ul style="list-style-type: none"> • Windsurf • Stand-up paddle • Giant stand-up paddle • Pedal boat • Single & double kayaks • Hobbie cat • Glass bottom boat • Snorkelling • Aqua gym • Water polo
EXTRA COST	<ul style="list-style-type: none"> • Archery • Personal training (fitness or tennis) • Padel 	<ul style="list-style-type: none"> • Water ski • Deep sea fishing • Scuba diving (PADI open water courses available) • Catamaran cruises

*All free water activities are on a first-come, first-served basis and those with a supplement require a 24-hour booking made directly at the Boat House (opening hours: 9 am – 5 pm)

SUNLIFE KIDS CLUB

The Sunlife Kids Club welcomes children between 2 and 11 years old and provides exciting and creative daily fun programmes with age-appropriate activities, facilities and amenities.

Children of 2 to 3 years old must be accompanied by a parent or a babysitter if they are not potty-trained.

Professionally trained nannies are available on request at an extra charge.

Opening hours: 9.30 am to 10 pm



SUNLIFE TEENS CLUB

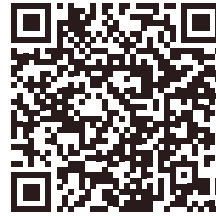
The Sunlife Teens Club welcomes 12 to 17-year-olds who can enjoy a special sports and recreation programme.

Opening hours: 10 am to 10 pm



COME ALIVE COLLECTION

Sunlife launches the Come Alive Collection, a series of experiences and activities inviting their guests to Come Alive. Discover the Come Alive Experience at Sugar Beach with the Crazy Croquet, The Glass Studio, Cinema under the Stars and much more.



GLOW

Sunlife's authentic approach to well-being comes to life in three wellness pillars: Elemental Energy, Nurturing Energy, and Creative Energy. Discover our creative journeys in our resorts.

Our spa, GLOW, offers tailored, holistic treatments with an authentic Mauritian touch. We offer an expanded menu of timeless holistic wellness practices, including energy work by the sea, Western and Eastern practices such as Ayurveda-based massage, time-honoured bathing rituals, and a wide selection of massage therapies.

- 8 single and 2 double treatment rooms
- Heated pool in the hammam
- Fully equipped hairdressing salon for men and women

Opening hours: from 9 am to 7 pm

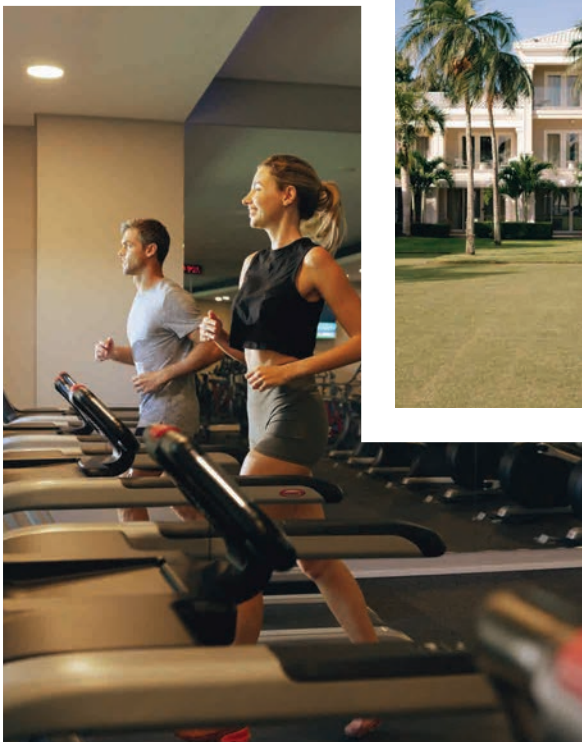
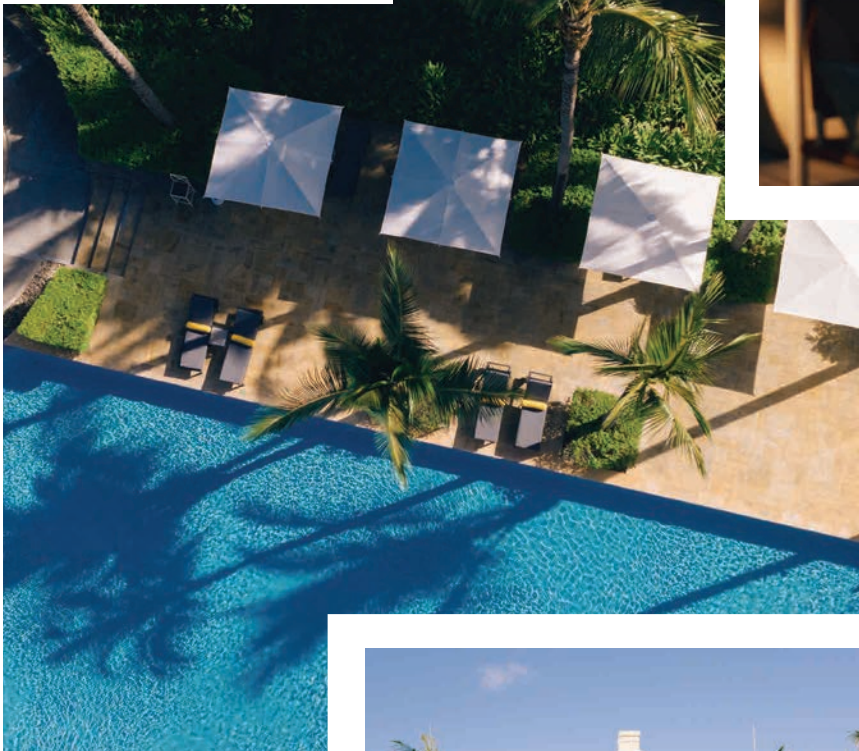
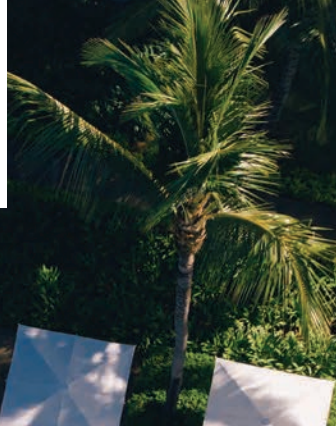
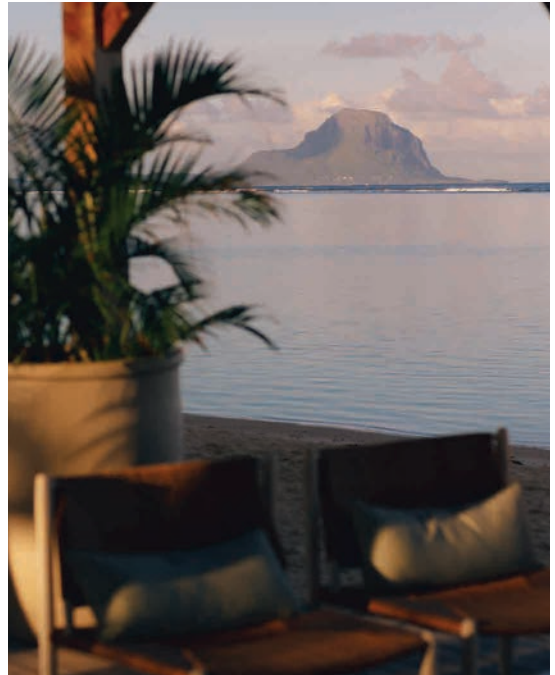


Practical Information

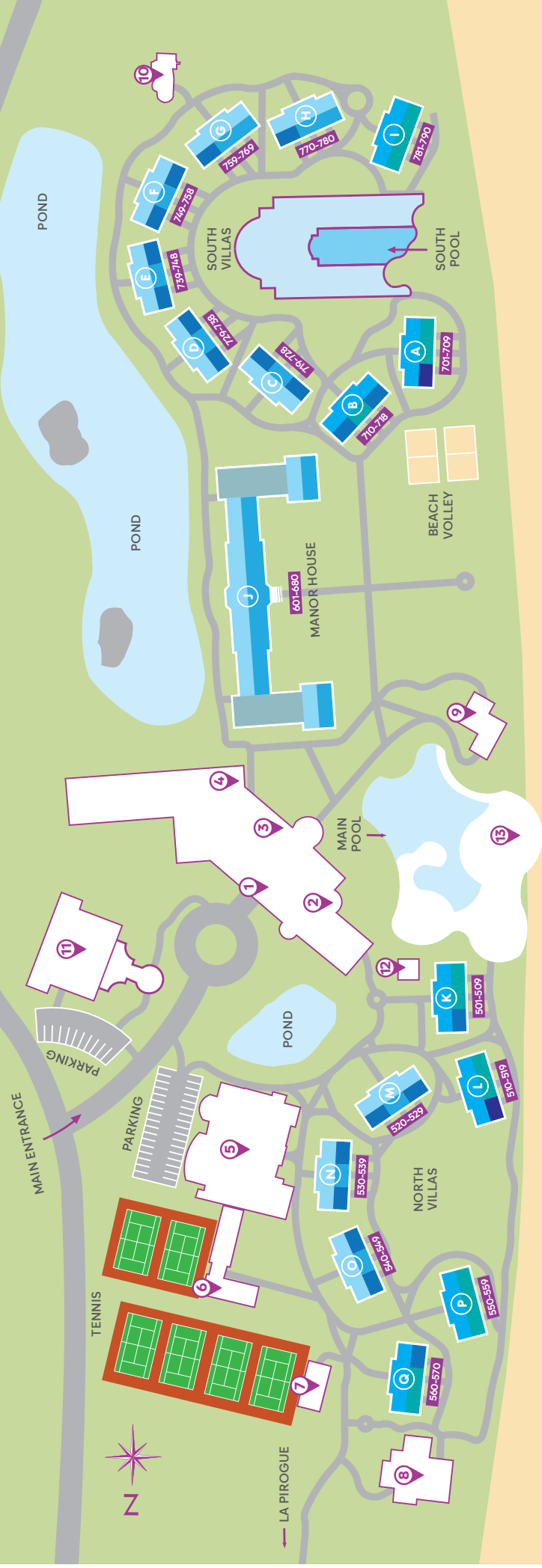
- Free Wi-Fi in rooms and public areas.
- Life in Yellow boutiques: open every day from 9 am to 7 pm.
- Shower and luggage rooms for arrivals and departures.
- 300 m² function rooms for corporate and private events, accommodating up to 300 people.
- On-site infirmary.
- Parking & taxi facilities.
- Foreign currency exchange facilities at the reception.
- Credit cards accepted: Visa, MasterCard, American Express and Maestro (local).

Terms & Conditions

- Families and guests sharing rooms or travelling as a party must book the same package (also applies to children).
- No compensation in cash or any kind will be offered for non-consumed items.
- Guests residing at the hotel are requested to inform reception when expecting a visit so that prior arrangements can be made.
- The hotel reserves the right to close any restaurant for / or during special events and due to bad weather conditions.
- Changes in selections, hours, accessibility or availability are possible at any time without prior notice.
- We reserve the right to increase our rates in the event of increased government taxation.



RESORT LAYOUT



- 1 Reception Area
- 2 Le Patio
- 3 Le Patio Bar
- 4 Welcome & Departure Lounges
- 5 GLOW Spa & Wellness
- 6 AURA Fitness Centre
- 7 Sunlife Members Club
- 8 Maré Maré Beach Restaurant
- 9 Buddha-Bar Beach
- 10 Sunlife Kids Club
- 11 Convention Centre
- 12 Life in Yellow Boutique
- 13 The Deck

ROOMS															
NORTH VILLAS															
DELUXE SEA VIEW ROOM															
DELUXE BEACHFRONT ROOM	506-509	516-519		524-529	534-539	544-549									
PREMIUM SEA VIEW ROOM				521-522	531-532	541-542									
PREMIUM BEACHFRONT ROOM	501-504	510-512, 514													
PREMIUM SUITE	505			520 & 523	530 & 533	540 & 543									
EXECUTIVE BEACHFRONT SUITE			515												
MANOR HOUSE															
DELUXE SEA VIEW ROOM/FAMILY ROOM				637-640, 647-642, 669-672 (First Floor)	—	673-680 (Second Floor)									
PREMIUM SEA VIEW ROOM				601-604, 611-626, 633-636 (Ground Floor)											
SOUTH VILLAS															
DELUXE SEA VIEW ROOM				723-728	733-738	743-748	753-758	764-769	775-780						
DELUXE BEACHFRONT ROOM	706-709	715-718													
PREMIUM SEA VIEW ROOM				720-721	730-731	740-741	750-751	759-762	770-773						
PREMIUM BEACHFRONT ROOM	701-704	711-712													
PREMIUM SUITE				710 & 714	719 & 722	729 & 732	739 & 742	749 & 752	763	774					
EXECUTIVE BEACHFRONT SUITE	705														